

CENTRAL MICHIGAN SMART RECOVERY COMMUNITY

Welcome to the Central Michigan SMART Recovery Community group.

This private group is for individuals who attend or are interested in our SMART Recovery meetings in Coleman, Farwell, Gladwin, and Beaverton, as well as anyone in the surrounding Central Michigan area seeking support in changing addictive behaviors.



SMART Recovery is a science-based, self-empowering program that helps people build and maintain motivation, cope with urges, manage thoughts and behaviors, and create a balanced, fulfilling life.

THIS GROUP IS A PLACE TO:

-  Stay connected between meetings
-  Share encouragement and recovery wins
-  Discuss SMART tools and strategies
-  Ask questions and support one another
-  Stay updated on local meeting times and events

JOIN OUR COMMUNITY!

Scan the QR code below
to join our private
Facebook group.



Together we can build a
stronger, healthier
Central Michigan
recovery community. 

OUR MEETINGS CURRENTLY TAKE PLACE:


COLEMAN, MI
Thursdays at 7 PM

Healing Hideaway
408 E. Railway St.


FARWELL, MI
Fridays at 6 PM

Farwell Community
Event Center
101 W. Michigan St.


GLADWIN, MI
Saturdays at 7 PM

Gladwin Free
Methodist Church
1312 N. State St.


BEAVERTON, MI
Sundays at 8 PM

Billings Township Hall
1050 Estey Rd.



These are safe and respectful spaces for our recovery community.
Confidentiality and kindness are essential.

GROUP GUIDELINES

- What is shared here stays here. Respect everyone's privacy.
- Be supportive and respectful of different recovery journeys.
- No shaming, arguing, or negativity toward others.
- No promotion of substances or harmful behaviors.
- This group does not replace professional medical or mental health care.



YOU ARE WELCOME HERE.

Whether you are just beginning
your recovery journey or have been
practicing SMART tools for years,

you are welcome here.



QUESTIONS OR WANT TO CONNECT?

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*You are not alone.
Recovery is possible.
Hope is here.*